

FLATZ

margherita  830 cal
marinara, fresh mozzarella, roasted tomatoes, pesto

bbq pork 780 cal
bbq sauce, pork, shredded mozzarella, crispy onions

chicken bacon jalapeño ranch 840 cal
garlic butter, grilled chicken, bacon, shredded mozzarella, tomatoes, jalapeño ranch

cheese  650 cal
marinara, shredded mozzarella, fresh mozzarella

pepperoni 610 cal
marinara, shredded mozzarella, pepperoni

GRAIN BOWLZ

mexican street corn  710 cal
rice & quinoa, lively greens, grilled chicken, fire-roasted corn & bean medley, diced tomatoes, cheddar, chipotle mayo, cilantro, lime

mediterranean   640 cal
rice & quinoa blend, lively greens, roasted tomatoes, pickled onions, artichoke, goat cheese, raspberry vinaigrette

chicken bacon avocado 790 cal
rice & quinoa blend, lively greens, grilled chicken, bacon, mashed avocado, pickled red onions, crispy jalapeños, jalapeño ranch

 favorite —  gluten free —  vegetarian

CATERING

boxed lunches

individually packaged for your group, each boxed lunch comes with a pairing of your favorites and is served conveniently in a box with a hunk of bread and a dessert.

soup

choose a tureen for all to share or a four pack for variety. add extra XL's to either option for even more variety. served with bread hunks. serves 10-15.

sandwich trays

choose from a variety of sandwiches with high quality meats, vegetables and garnishes. serves 10-12.

group salads

all salads are built with fresh greens, proteins, veggies, cheese and toppings with dressing served on the side. serves 10-15.

grain bowl bar

choose a mediterranean bar or southwestern bar and let your guests build their own bowl. includes brown rice, chicken, house-made dressings, and an assortment of toppings. serves 10-15.

chili bar

a tureen of your choice of chili served with bread hunks, pickled red onions, shredded cheddar, tortilla strips, and sour cream on the side. serves 10-15.

mac bar

a tureen of classic mac served with an assortment of toppings on the side. serves 10-15.

sides

add chocolate chip cookies, oatmeal raisin cookies, fudge brownies, and marshmallow bars to your group meal. served assorted or individually. choose from a variety of chips to add to your order.

beverages

choose from an assortment of bottled beverages or group sized craft teas and lemonades.

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SOUPZ

selection rotates daily

cup 120-470 cal
bowl 140-620 cal
xl quart 280-1240 cal

tasting flightz

pick 3 120-470 cal



SANDWICHEZ

Z! turkey & bacon club 530 cal
turkey, ham, bacon, tomatoes, swiss cheese, mayo, toasted ciabatta

pepper jack turkey crunch 510 cal
turkey, tomatoes, pepper jack cheese, jalapeño chips, jalapeño ranch, toasted sub roll

Z! cuban 340 cal
ham, pork, dill pickles, swiss cheese, dijon, toasted sub roll

hot italian 600 cal
ham, pepperoni, salami, cherry pepper relish, tomatoes, provolone, mayo, toasted sub roll

coastal tuna 380 cal
tuna salad, pickled onions, lively greens, toasted focaccia

chicken toscana 420 cal
grilled chicken, roasted red peppers, marinated onions, provolone, basil mayo, toasted ciabatta

tomato mozzarella 610 cal
roasted tomatoes, fresh mozzarella, pesto, balsamic vinaigrette, toasted focaccia

southwest turkey 770 cal
turkey, tomatoes, pepper jack cheese, chipotle mayo, toasted ciabatta

cali chicken 800 cal
grilled chicken, roasted red peppers, mashed avocado, white cheddar, jalapeño ranch, toasted ciabatta

chicken salad 585 cal
chicken salad, lively greens, white cheddar, dried cranberries, candied walnuts, toasted white bread



KIDS MEALZ

330-1050 cal

mac & cheese

soup (8oz)

half cheese or pepperoni flatz

half turkey or grilled cheese



GRILLED CHEEZE

Z! classic 910 cal
white cheddar, white bread

pesto cheese 980 cal
white cheddar, goat cheese, provolone, tomatoes, pesto, white bread

maple bacon ham 800 cal
white cheddar, ham, bacon, maple aioli, white bread

MACZ

Z! classic 880 cal
creamy cheddar cheese, pasta, bread crumbs

jalapeño popper 930 cal
classic mac with roasted jalapeños, crispy jalapeños, jalapeño ranch, bread crumbs

bbq pork 980 cal
classic mac with pork, cheddar, crispy onions, bbq sauce, bread crumbs

buffalo chicken 980 cal
classic mac with grilled chicken, buffalo sauce, bread crumbs



PICK two

select any two favoritez!
160-980 cal

- half sandwich
- half salad
- half flatbread
- 8oz soup
- half grilled cheese
- 8oz mac



SALADZ or try as a wrap

chicken & bacon cobb 700 cal
lively greens, grilled chicken, bacon, gorgonzola, tomatoes, egg, mashed avocado, ranch dressing

cranberry sonoma 630 cal
spinach, grilled chicken, quinoa, pickled onions, candied walnuts, cranberry, goat cheese, raspberry vinaigrette

Z! southwest pork carnitas 840 cal
lively greens, pork, fire-roasted corn & bean medley, tomatoes, cheddar, crispy jalapeños, jalapeño ranch dressing

buffalo chicken salad 650 cal
lively greens, grilled chicken, buffalo sauce, gorgonzola crumbles, diced tomatoes, tortilla strips, ranch dressing

caprese 580 cal
lively greens, roasted tomatoes, fresh mozzarella, artichoke mix, creamy garlic herb dressing

Z! fiesta chicken 860 cal
lively greens, grilled chicken, cheddar, tomatoes, fire-roasted corn & bean medley, cilantro & lime, tortilla strips, chipotle ranch dressing

lively chicken caesar 610 cal
lively greens, grilled chicken, parmesan cheese, homestyle croutons, caesar dressing

